



INVITATION LETTER

**for the Online International Scientific and Practical Conference
“Independent Neutral Turkmenistan – the Homeland of International
Sports Cooperation and Healthy living”, which will be held online
by the Turkmen State Institute of Physical Education and Sports**

The Turkmen State Institute of Physical Education and Sports invites university professors and lecturers to participate in the International Scientific and Practical Conference “Independent Neutral Turkmenistan – the Homeland of International Sports Cooperation and Healthy living”, which will be held online on **April 3, 2026**. We believe that this conference will provide opportunities to study mutually beneficial scientific and practical knowledge and experience in the field of physical education and sports.

Those interested in participating in the conference should submit their presentation abstracts by **March 19, 2026**, to the following email address:

tdbsisolar@gmail.com

Official languages of the conference: Turkmen, English and Russian.

Thematic areas of the International Scientific and Practical Conference:

- Pedagogy of Physical education and Sport and applied Practices;
- The role of Physical education and Sports in strengthening Healthy lifestyle principles;
- Artificial Intelligence and Innovative technologies in Sports.

To participate in the conference, participants must submit their abstracts, annotations, and presentations to the Organizing Committee (5–10-minute presentation, summary of the speech should not exceed 1.5 pages, annotation should be up to 0.5 pages, font – Times New Roman, size – 14 pt., line spacing – 1).

The Organizing Committee reserves the right to publish selected abstracts.

Based on the results of the International Scientific and Practical Conference, an official scientific proceedings volume will be published and made available in the [Google Scholar](#).

Additional information and announcements related to the conference will be available on the institute's website: www.tdbsi.edu.tm

Contact information: Phones, WhatsApp, Telegram: +99363 60-60-31

Organizing Committee.

CONDITIONS

for participation in the Online International scientific and practical Conference “Independent neutral Turkmenistan – the homeland of international sports cooperation and healthy living”

Held on April 3, 2026 at the Turkmen State Institute of Physical Education and Sports

Thematic areas of the Online International scientific and practical Conference:

- Pedagogy of physical education and sport and applied practices;
- The role of physical education and sports in strengthening healthy lifestyle principles;
- Artificial intelligence and innovative technologies in sports.

1. Researchers who want to attend the Online Conference submit theses. The number of co-authors should not be more than three. The content of the work must be of an independent research nature and correspond to the stated topic.

2. For participation in the Online Conference, the attendee registration form has to be filled out (regular font, Times New Roman, 12 pt)

Online Conference participant registration form

Surname	
Name	
Patronymic	
Position	
Academic degree, title	
Workplace	
Work address (including zip code)	
Work phone, E-mail	
Title of the report (sentence case)	
Thematic field of the report	
The language of the report	

3. For participation in the Online Conference thesis and abstracts of the report should be prepared. Thesis should be prepared in one of the working languages of the Online Conference, and abstracts in the two other languages.

3.1. The Organizing Committee bears responsibility for translation of theses and abstracts of reports of foreign participants into Turkmen languages.

3.2. Translations of national participants' abstracts into English and Russian must be certified by the relevant departments of higher educational institutions or translation organizations.

4. Theses of reports and abstracts must be reviewed in the organization at the author's place of work and sent to the Organizing Committee for the Online International Conference with a covering letter signed by the head. Electronic versions of theses and abstracts must be attached to the letter.

5. Authors bear personal responsibility for the content of submitted papers.

REQUIREMENTS

for the preparation of theses and abstracts

1. To participate in the Online International scientific and practical Conference, please submit your application papers and theses to the Organizing Committee. Theses of the report should not exceed 1.5 pages in A4 format (210×297 mm), and abstracts - 0,5 of the page. In Times New Roman, script 14, interval 1.5.

2. Margins: top and bottom - 2.0 cm, left - 2.5 cm, right - 1.5 cm. Orientation - portrait, font - Times New Roman, size - 14 pt, text spacing - single.

3. Figures, formulas and tables are to be used only in cases when it is impossible to describe the process in text form. In this case, each object should not exceed the specified page sizes, and the font in it should not be less than 14. The total volume of the abstract together with figures, formulas and tables should not exceed 1,5 pages of A4 format.

4. All materials and abstracts submitted for the Online Conference are accepted only in Microsoft Word document (with doc, docx extension).

5. Theses of the report and abstracts must be in one file and meet the following requirements:

- the name, surname of the author is typed in lowercase letters in bold, size 14 and aligned to the right edge of the page, the name of the state should be given in brackets;

- if there is a co-author of the paper, so the name and surname of the speaker/reporter stands first;

- the title of the theses and abstracts is typed in capital letters in bold, font 16, aligned to the page center;

- before the typing the next text of the abstract, skip 1 line.

6. The texts of abstracts and annotations are aligned to the width of the page. Mathematical formulas should be typed with the appropriate formula editors.

7. Pages of abstracts and annotations should not be numbered.

8. Theses and abstracts that do not meet the requirements are not accepted for consideration.

9. Corrections and addition for accepted theses and abstracts are not allowed.

10. Theses may be rejected by the decision of the Organizing Committee.

11. Submitted documents are not returned.

12. Theses of the report and abstracts are placed in one file. The file name must contain the last name, first name of the speaker and the letter code "tez". For example: the speaker - Ataev Nurmurad, the file name – "Ataev N. tez".

13. Registration forms are filled in by all authors of the report and placed in one file. First comes the form of the speaker, then the co-author. The file name of the registration form must combine the last name, first name of the author and the letter code "reg". For example, "Ataev N. reg".

14. Do not archive files!

Contacts: **Turkmen State Institute of Physical Education and Sports**
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E-mail: tdbsi@sanly.tm
tdbsischolar@gmail.com

Those wishing to take part in the Online International scientific-practical Conference are asked to send their these and abstracts (in paper and electronic form) **before March 19, 2026.**

Contact person: Specialist of the Scientific department (Responsible for International Relations) Berdimurad Ovezov, tel.: +993-63-60-60-31, +993-12-22-65-36 (12-02)

Organizing Committee.